## How do we Design a Programmatic Catechesis? Case Study: "About The Holy Mysteries of Initiation"

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## Abstract

In this study we intend to offer a theoretical-practical mix, specific to the disciplines of the practical theology branch. In the catechetic treaties we do not specify the notion of a "programmatic catechesis" so necessary for the correct understanding of a catechetic program. Turning to the patristic image offered by the Saint Cyril of Jerusalem in his protocatechesis, we offer, as a novelty in the current catechetic research, the overturn of a catechetic cycle updated to the needs of present believers. The first part of the study is theoretical, in it we emphasize the structure that we must respect, the anticipatory character for the entire program and also the deployment on the logic of a mini guide. The practical part is made up of a complete catechesis. The catechesis presented opens a catechetic project/program entitled "Initiation and salvation by the Holy Mysteries" composed of five catecheses. The structure follows the catechesis plan presented in classical Catechetic handbook and the arguments of the content are based on fundamental works of dogmatic theology.