

The Holy Spirit and Christian Prayer. Brief Patristic Considerations

**Fr. DANIEL VĂTUIU,
University of Craiova,**

Abstract

Christianity has differentiated itself from other religions since the beginning through a special way of living, according to the Christ model. Our Lord Jesus Christ spoke about the value and importance of prayer. He Himself prayed and taught us how to pray. Jesus Christ the Savior was the first teacher of prayer, through the words addressed to His disciples. According to Orthodox spirituality, prayer is the way through which man penetrates deeply into the divine mysteries. The life of the Christian is wonderfully connected with prayer. Through prayer, man rises in God, uniting his entire being with Him. In prayer, his reason is enlightened, his heart rejoices, his will unites with God's will, his whole being is purified, freed from everything and anchored in God. The Savior Jesus Christ, in the prayer addressed to God the Father, prayed for the world so that people would be sanctified in truth and unity.