

The Hesychastic Romanian Monasticism Reflected in the Writings of Saints George and Calinic from Cernica

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Abstract

In this article, we want to emphasise the important role that saints George and Calinic from Cernica Monastery had in maintaining the hesychasm practice in Romanian Orthodoxy. Even if they can be considered as the core of a new hesychasm practice, which is focused not on contemplation, but on monastery life and its usual activities, they remained in social mentality as saints because of their life of love, pray and communion. Through their pastoral activity, they demonstrated that the hearth pray is the energy source of the life and the most simple way to create a strong relation with God to earn the eternal life.