

Humbleness and Humble Reflexion in the Writings of the Holy Fathers (I)

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Abstract

The humility and the humble reflection was practiced by the holy ascetics in monasteries with community life and, equally, those who have lived in the wilderness, but also by Christians in the world.

Both those who have chosen the monastic life and also the good Christians, they reach on the high peaks of perfection till to holiness, becoming spiritual people and saints pleasing to God.

The fathers of the Church were humble people, both those who have left pieces of a great theological value, and those who have left a philokalic literature, as were the niptik parents, and those who have left a sofologically literature, literature that includes Patericons, Lives of the saints, Sbornicon, and so on.

But not only parents were referred to the virtue of humility, but also the Church writers, although they have not been passed among the saints, because some of errors on the teachings of faith. Their errors or mistakes were not deliberate.